

Apple Fritters – try these for breakfast!

1 C. sour cream
1/2 C. milk
1 egg, lightly beaten
2 tsp. sugar
1 tsp. cinnamon
1 C. flour
1 1/2 tsp. baking powder
1/2 tsp. salt
1/4 C. oil
3 baking apples, peeled and sliced (about 1/8 " slices)
maple syrup

Mix first 8 ingredients. Heat oil in pan over medium high. Dip apple slices into batter and fry until golden brown, 3-4 minutes on each side. Drain on paper towels and serve with maple syrup or dust with confectioners' sugar.

